



Perth Psychologists

Find Help ... Find a Perth Psychologist

Everyone needs help at times, so asking for help is quite a natural thing to do. At Perth Psychologists we are here to help you find help with what is challenging you at the moment. We believe in practically working with our clients and that with the right support, people can successfully deal with what is troubling them in their lives. By only employing trained psychologists we believe our counsellors have the necessary skills and experience to help you understand your situation better, and the tools to show you to move forward.

At Perth Psychologists, we work with the belief that every person can create positive changes in their life, no matter how hard things may be at the moment. From the first session we aim to assist you to both understand the causes of your concerns and to start on the road of applying practical strategies to overcome them.

To make an appointment or enquiry, please:

Call: [1300 70 50 55](tel:1300705055),

Email: support@perthpsychologists.net.au,

Visit our website: perthpsychologists.net.au

Attending Psychologist



Kevin Menon

Kevin is a registered psychologist and a certified master performance coach, and has been in the industry for almost 20 years. Kevin's experience ranges from acute inpatient settings and private practice to the Employee Assistance Industry and he is experienced in working with children, adults and couples. He is a versatile and insightful practitioner who tailors his interventions to a client's specific needs, resources and life circumstance for maximum impact. Kevin's clients generally find him an approachable, caring and genuine professional whom they feel safe confiding in and working with.

Kevin is also a trauma and crisis management expert and has done critical incident response work around the world. Kevin also has much experience helping clients one-on-one across a full range of mental health issues, work and life challenges including anxiety, depression, anger management, relationship distress and work conflict.

Kevin is passionate about wellness, both in helping provide people with the awareness and skills they need to become resilient, as well as helping his clients make the changes to become their ideal self. Kevin is trained and experienced in Cognitive Behavioural Therapy, Mindfulness, Trauma Intervention, Solution Focused Therapy and Health & Wellness Coaching and uses these evidence-based methods to create practical change.